

Heart of Repentance

Heart of a King | Week 4

Hayden | May 28th & May 31st 2026 | Christian Putman



Opening Verse: Psalm 18:28–32

Week 1: A Man After God's Own Heart

Week 2: A Courageous Heart

Week 3: A Heart of Submission

Week 4: A Heart of Repentance

Biblical Definition of Repentance:

Biblical repentance is a change of heart and mind that causes a person to turn away from sin and turn back to God. In the New Testament, the Greek word **metanoeo** means "to change one's mind." It describes an inner change where a person begins to think differently, hate their sin, and desire God's ways.

In the Old Testament, the Hebrew word **shuv** means "to turn back" or "return." It gives the picture of someone turning around and coming back to the Lord after going the wrong direction.

True repentance is more than feeling sorry. It is dying to your old ways, leaving sin behind, and returning to God with your whole heart. It is both an inward change and an outward turning that leads to a restored relationship with God.

Before Our Story:

After Saul's death, David slowly stepped into the calling God had placed on his life. He became king, united Israel, conquered Jerusalem, brought the Ark of God back to the center of worship, and experienced victory and blessing because he continually sought the Lord.

David showed humility, courage, submission, mercy, and faithfulness as God established his kingdom. But as David grew comfortable and powerful, the condition of his heart would be tested in a new way — not on a battlefield, but in private temptation.

The Story

2 Samuel 11:6-15: ⁶ Then David sent word to Joab: "Send me Uriah the Hittite." So Joab sent him to David. ⁷ When Uriah arrived, David asked him how Joab and the army were getting along and how the war was progressing. ⁸ Then he told Uriah, "Go on home and relax."^[b] David even sent a gift to Uriah after he had left the palace. ⁹ But Uriah didn't go home. He slept that night at the palace entrance with the king's palace guard. ¹⁰ When David heard that Uriah had not gone home, he summoned him and asked, "What's the matter? Why didn't you go home last night after being away for so long?" ¹¹ Uriah replied, "The Ark and the armies of Israel and Judah are living in tents,^[c] and Joab and my master's men are camping in the open fields. How could I go home to wine and dine and sleep with my wife? I swear that I would never do such a thing." ¹² "Well, stay here today," David told him, "and tomorrow you may return to the army." So Uriah stayed in Jerusalem that day and the next. ¹³ Then David invited him to dinner and got him drunk. But even then he couldn't get Uriah to go home to his wife. Again he slept at the palace entrance with the king's palace guard. ¹⁴ So the next morning David wrote a letter to Joab and gave it to Uriah to deliver. ¹⁵ The letter instructed Joab, "Station Uriah on the front lines where the battle is fiercest. Then pull back so that he will be killed."

- 2 Samuel 12–14
- Psalm 51:1–4
- Psalm 51:7–14

Break It Down

David Confessed His Sins:

- 1 John 1:8–10
- We can confess our sins, and God will forgive us.
- We can repent, turn from sin, turn to God, and find salvation in Him.
- It's the devil who says we can't confess to God and that we are too far gone.
- K.P. Yohannan quote
- Jerry Bridges quote

Worldly Sorrow and Godly Sorrow:

- 2 Corinthians 7:10
- Godly sorrow accepts the consequences and walks the walk.
- Consequences aren't rejection. God disciplines those He loves.

Children of God Don't Practice Sin, They Struggle with It:

- 1 John 3:9 & Romans 7:18–19
- We can repent, confess, believe, and let the Holy Spirit guide our lives.

David Got Comfortable and Isolated

- David got comfortable (are you comfortable?)
- David got isolated (are you isolated?)
- David tried to hide it (are you trying to hide anything?)
- David listened (do you listen?)
- Nathan went and spoke the truth (are you someone who speaks the truth?)
- It says in the end days people will only listen to what they want to hear.
- Are you willing to run into the darkness and tell people about the light?
- 2 Corinthians 2:15–17

Discussion Questions:

- 1) What stood out to you most from this week's message on repentance?
- 2) David's downfall started when he became comfortable and isolated. Are you comfortable or isolated in any area?
- 3) What is the difference between worldly sorrow and godly sorrow? Why does that difference matter?
- 4) Why do you think people often try to hide sin instead of confessing it to God or others?
- 5) Psalm 51 shows David crying out for a clean heart, not just forgiveness. What does true repentance look like beyond simply saying "sorry"?
- 6) Nathan had the courage to speak truth to David. Do you have people in your life who can challenge and encourage you spiritually? Are you willing to listen?
- 7) David immediately confessed when Nathan confronted him. Why is humility and honesty before God so important in repentance?
- 8) The message said "God isn't a God of photoshop." How does it encourage you that God uses broken and imperfect people throughout the Bible?

