

heart of submission

heart of a king | week three

post falls campus | may 21st & 24th | christian putman



Opening verse: Psalms 103:8-11

Review:

W1: A man after God's own heart

W2: Heart of Courage

W3: Heart of Submission

THE STORY

1 Samuel 18-19

- David begins serving in Saul's army.
- Saul becomes jealous of David after his victories and success.
- David is forced to flee as Saul repeatedly tries to kill him.
- David continues to try to serve Saul, but Saul keeps attempting to kill him.

1 Samuel 20-31

David runs from Saul while Saul hunts him, but when Saul unknowingly enters David's cave, David has the chance to kill him and chooses not to.

- 1 Samuel 24:3-10:
- After David spares Saul in the cave, Saul goes back to chasing him.
- Later, David gets a second opportunity when he enters Saul's camp while Saul is sleeping.
- David chooses not to harm Saul, instead proving his innocence and showing honor to him.
- This leads to Saul temporarily stopping from fully pursuing David.
- After this exchange, the story moves forward to the final battle between Saul and the Philistines.
- Saul is killed. The news reaches David through a servant who was present.
- 2 Samuel 1:5

BREAK IT DOWN

- David is anointed king as a 15 to 17-year-old but does not become king until he is 30.
- He serves and loves Saul and is highly successful in everything he does through God.
- Saul becomes jealous and repeatedly tries to kill him.
- David is forced to live on the run for over 10 years, according to many scholars.
- He has two opportunities to kill Saul but refuses, choosing instead to honor him and show respect.
- When Saul dies, David mourns deeply, demonstrating humility and submission.
- Throughout his life, David remains submitted to God, trusting Him and honoring authority.

SUCCESS TO DISTRESS

Palms 31:7-9: I will be glad and rejoice in your unfailing love, for you have seen my troubles, and you care about the anguish of my soul. ⁸You have not handed me over to my enemies but have set me in a safe place. ⁹Have mercy on me, Lord, for I am in distress. Tears blur my eyes. My body and soul are withering away. I am dying from grief; my years are shortened by sadness. Sin has drained my strength; I am wasting away from within. ¹¹I am scorned by all my enemies and despised by my neighbors— even my friends are afraid to come near me. When they see me on the street, they run the other way. ¹²I am ignored as if I were dead, as if I were a broken pot. ¹³I have heard the many rumors about me, and I am surrounded by terror. My enemies conspire against me, plotting to take my life. ¹⁴But I am trusting you, O Lord, saying, "You are my God!" ¹⁵My future is in your hands. Rescue me from those who hunt me down relentlessly. ¹⁶Let your favor shine on your servant. In your unfailing love, rescue me.

DISTRESS TO REST:

- David, in his distress, went to rest in God.
- He brought his fears, doubts, and struggles to Him.
- In his weakness, he submitted to God and said, “My future is in Your hands.”
- He declared, “In all of this, Lord, I am trusting in You and Your strength.”
- Proverbs 3:5-6

A HEART OF SUBMISSION:

- A submissive heart trusts in God, not in its own understanding.
- A heart that says, “Lord, my life is in Your hands. I trust You; I will follow.”
- A heart that says, “God, I will obey You and surrender to You in the fight.”
- Jesus in the garden (Luke 22:42) and Philipians (Philipians 2:8) demonstrate this kind of surrender.
- 1 Peter 2:21-25

SUBMISSION TO WHO?

- God, spouses, leadership, kings and rulers, and one another.
- Ephesians 5:21
- 1 Peter 5:5
- 1 Peter 2:13-14
- Philipians 2:3-4

BOUNDRIES:

- Matthew 10:23 – “When you are persecuted in one town, flee to the next.”
- Acts 9:25 – Paul was lowered in a basket to escape danger.
- Romans 12:18 – “If it is possible, as far as it depends on you, live at peace with everyone.”

Discussion Questions:

1. How was your week, and how can we be praying for you right now?
2. What stood out to you most from this week’s message, and why?
3. What does David’s response to Saul teach you about honoring authority even when it is difficult?
4. In what areas of your life do you find it hardest to “trust in the Lord with all your heart” (Proverbs 3:5–6)?
5. Where do you currently need to move from distress to resting in God like David in Psalm 31?
6. How do you personally define a “heart of submission” based on what we studied this week?
7. How can you tell the difference between godly submission and simply staying in a harmful or unhealthy situation?
8. What is one practical step you can take this week to live out humility and submission to God in your relationships, leadership, or decisions?

